



## District Health & Wellness Committee Meeting

February 25, 2021

Virtual Meeting - 3:45 pm

Members present: Kelly Spencer, Donna Nash, Julia Treadway, Michael Byrd, Vonda Morgan, Hannah Driskill, Courtney Gunter, Madison Kelly, Teresa Richardson, Allison Heck, Jennifer Cook, Kendra Colson, Ahna Davis, Sue Ann Whisker, Alec Park, Dylan Glover, Kim Usery, Keri Jackson, Jayda Cook (student MSN).

Meeting was called to order at 3:45 pm.

Sue Ann Whisker introduced new committee members representing Cabot High School: Alec Park, Dylan Glover, and Kim Usery.

*Food Services* - Erin Wilkes, Director of Food Services discussed the following reports: Quarterly menu review, written food and beverage locally recommended list, written recommendations to the Cabot School Board regarding the components for food and beverage vending contracts.

Motion by Dylan Glover, second by Hannah Driskill, to accept the Quarterly Menu Review as presented. Motion passed 19-0.

Motion by Erin Wilkes, second by Sue Ann Wisker, to accept the written food and beverage locally recommended list as presented.  
Motion passed 19-0.

Motion by Kim Usery, second by Erin Wilkes, to accept the recommendations made to the Cabot School Board by Tina Wiley, Executive Director of Finance, regarding the components for food and beverage vending contracts.  
Motion passed 19-0.

*Health Services* – Vonda Morgan, Director of Nursing reported that faculty and staff second dose COVID vaccines were provided at CHS today. Tomorrow, MC, MS, JHN, JHS, and MSS will receive their second dose. On Friday, March 5th, the remaining second doses will be provided at CFA.

*Cabot Health Unit* – Carey Woods, Administrator - No report

*District Program Updates* - Michael Byrd, Assistant Superintendent reported that the district had acquired a facility on South Pine Street just east of Tractor Supply. Today was the bid opening for renovating that facility. This facility will soon house the District Health Services and the Cabot Museum. This will provide much needed space for our expanding health service staff and the delivery of services.

*School Health Programs* – Kelly Spencer, Health & Wellness Coordinator reported that administrators are in the process of completing the School Health Index evaluation for SY 20-21. The SHI is the evaluation tool used to assess Health and Wellness goals from each building's Indistar School Improvement Plan. Some administrators may be contacting wellness committee members to assist with this evaluation.

Due to COVID restrictions, the Cabot Cruisers have decided to cancel the 2021 Spring Fling 5K/Kids' Fun Run. The hope is to resume in 2022. This program is an integral part of District PE Fundraising, as well as it is a great opportunity to work with our community partners to promote fitness for students, staff, and community members.

Kelly Spencer reported that the next Wellness Committee meeting will be a virtual meeting on May 5th at 3:45 pm.

Meeting was adjourned at 4:01 pm.